

A Unique Vision of Everyday

The Keen Observer

Volume 27 7/5/2011

Hello! Mr. Sun...where have you been?

Mr. Sun has decided to stay for a little while in our neck of the woods. Before he leaves again, make sure you get outside and enjoy all of the wonder that our Pacific Northwest neighborhood has to offer. This is a great time to get together with family and friends at the many local parks, beaches and back yards. This is also a great time to capture the art of your family. No matter the technical skill of the photographs, you will have memories to share and smiles for the future. Not sure where to go? Check out some of the great local festivals still to come this summer like The Bite of Seattle, or visit Ruston Way, Point Defiance Park, or walk along Chambers Bay. No matter what, get out and enjoy the sun.



Snippets

- Zazzle now has i-Pod and i-Pad cases with Ardent images. Sport your favorite photograph everywhere you go. Zazzle.com. Don't have an i-thing? Zazzle has Ardent images on lots of items from ties to mousepads.
- Like one of the photographs you see? Don't forget you can order online anytime through [e-mail](mailto:) or my Etsy.com shop.
- I write books too! [One Cream, Two Sugars](http://OneCream.TwoSugars)—Poetry combined with photography and [Painting Life](http://PaintingLife)—an artistic children's book are available through Blurb.com.

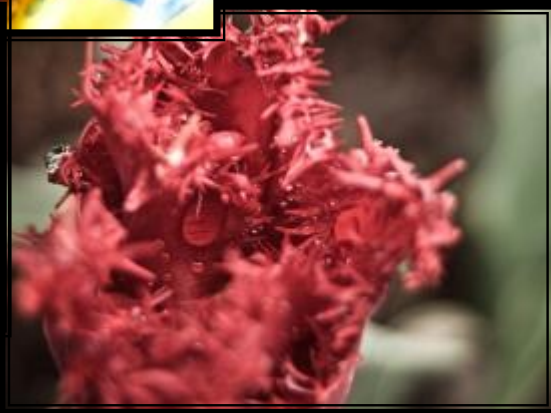
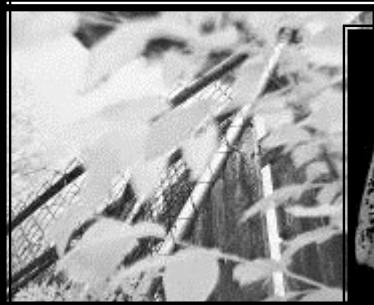
Senior Portraits!

You can't believe it! Your son (or daughter) is a senior in high school. Where did the time go? It was just last week that you were walking her (or him) to kindergarten. There are so many milestones in the year ahead, and so many things that need to be done. Senior portraits may not be at the top of your list in July, but remember, school deadlines for yearbook pictures can be as early as the beginning of October. Book your senior portrait sessions while the weather is still warm, sunny and beautiful!

“Photograph: a
picture painted by
the sun without
instruction in art.”

~Ambrose Bierce

New Ardent Images



Not only is granola the perfect partner for some plain low-fat yogurt, but it give texture and taste to summertime classics like peach cobbler and the blackberry cream cheese coffee cake pictured above.

Granola

- 3 cups old fashion oats (extra thick also works and so would barley flakes)
- 1 cup slivered almonds
- 1/4 cup sesame seeds, raw or toasted
- 1/2 cup sunflower seeds, shelled or unshelled (I use unshelled)
- 1/2 cup flax seeds
- 1/2 cup shredded coconut
- 1/4 cup toasted wheat germ (this works untoasted as well)
- 1/4 cup oil
- 1/4 cup brown sugar
- 1/4 cup honey or Agave Nectar or Flavored Agave Nectar (I like hazelnut)
- 3/4 teaspoon sea salt
- Cinnamon
- Ginger

Mix everything in a big bowl. You are going to have to use your hands to make sure that the oil and sweetener coat all of the dry ingredients. Spread the mixture out onto a lipped cookie sheet and put it into a 235 degree Fahrenheit oven for 1 hour and 15 minutes, stirring every 15 minutes or so until everything is brown and crispy. Remove the pan from the oven and let cool until it can be safely stored in a contain of your choosing.

Where to Find Ardent

July 10th—Junktastic Sunday Market during Art on the Ave at Studio 6 Ballroom 2608 6th Avenue, Tacoma WA 11-5pm. Art on the Ave is a large annual art festival. This year Junktastic will be having a show during the market inside Studio 6 Ballroom. Come on down and check out the unique nature of local artists.

August 6th—Proctor Arts Festival on Proctor Street in Tacoma from 10am until 6pm. Visit them online at www.proctorartsfest.com. My booth will be located across from the Chalet Bowl.

August 20th—Garfield Business District Street Fair—from 10am until 6pm on Garfield Street in Parkland (in front of PLU). Visit www.shopgarfieldstreet.com for more information.

September 16th—Artsy Smartsy Artist's Market at Studio 6 Ballroom 10-4pm

October 16th—Artsy Smartsy Artist's Market at Studio 6 Ballroom 10-4pm

December 4th—Junktastic Sunday Market at Studio 6 Ballroom 10-4pm

Portrait Price Break

Free 8x10 print for all portrait session booked in July with the coupon code below.

Use Coupon Code:
AP810in2011



Portrait Sessions

\$75 per half hour for Family, Baby, High School Senior, Individual, Business Head Shot, etc. in a location of your choosing 20 miles from University Place, WA (there is an additional fee for location over 20 miles from my office.) The session fee includes my time and eye during your photo session as well as my ability in post processing.

Prints are available separately.

Within two weeks your photographs will be available in a private online gallery for viewing and ordering.

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Book a Session sarah@ardentphotography.com

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Ardent
PHOTOGRAPHY



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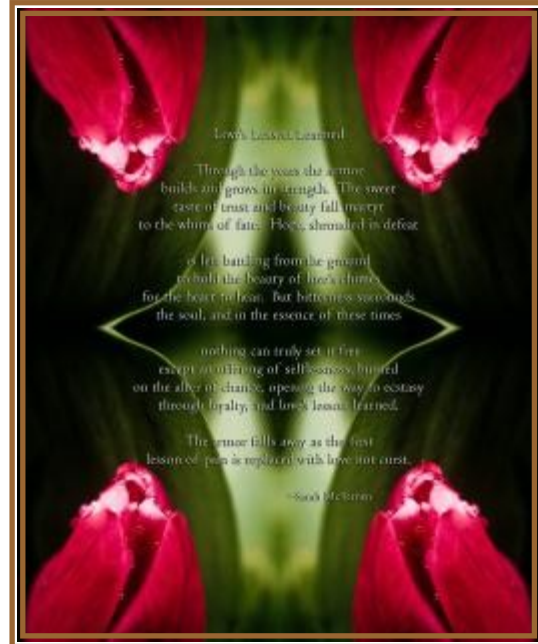
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WWW.ARDENTPHOTOGRAPHY.COM

Making the everyday unique.

Photograph of the Month



A Request...

Creative Forces Jewelry Party Open House

Come browse & buy one-of-a-kind jewelry and other treats! Maybe even get some networking in if you wish! Bring your friends!

Carolyn's House
430 Berkeley Avenue
Fircrest, Washington

Wednesday, July 13 · 5:30pm - 8:00pm

Fine more information on [Facebook!](https://www.facebook.com/creativeforcesbycarolyn) And on her website
[www.creativeforcesbycarolyn.com!](http://www.creativeforcesbycarolyn.com)

Thank you,
Sarah McTernan

Wearable Art

Fused Glass

Sacred Embers

Goddess Jewelry

Gift Baskets

Signs & Banners

430 Berkeley Avenue
Fircrest, WA 98466

www.creativeforcesbycarolyn.com